



Buddhism Immersion Thailand



Buddhism Immersion Program







Volunteer in Thailand

Xplore's Buddhism Immersion Program offers volunteers a unique opportunity to immerse themselves in the Buddhist religion and culture, while empowering monks, nuns, and children in monastic schools through teaching the English language.

True Cultural Immersion

Join our unique English Teaching Program and become a bridge between cultures and communities. Participants will have the opportunity to teach English to monks, novice monks, nuns, local adults, orphans, migrant children, and disadvantaged youth in monasteries and monastery-sponsored schools.

English proficiency allows monks to connect with international visitors seeking spiritual guidance and fosters communication with Buddhist monks from Myanmar, Cambodia, and other neighboring countries, where English serves as a common language.

Beyond teaching, participants will gain deep cultural and spiritual insights. Engage in guided meditation, learn Buddhist traditions from experienced monks, participate in Dharma talks, and witness sacred ceremonies, all while building meaningful connections rooted in mutual respect and understanding.

About Us

Xplore specializes in providing “sustainable cross-cultural adventures” through teaching, tutoring, and volunteering.

We enable clients to experience the life- changing adventure of living and working abroad and giving back to local communities through cultural exchange.

Teach Monks in Thailand Package

Flexible durations ranging from 2 to 12 weeks

Online, in-depth Thai Cultural Foundation Course pre-arrival

Online, volunteer-focussed, 60-hour TESOL certification course

Full training and general materials

Buddhist Activities including guided meditation and Dharma talks

Volunteers will teach in Hua Hin and the surrounding region

Wide range of optional activities



Requirements:

High level of English language

Must provide a clean criminal background check

Must be in good physical and mental health

Must be between 18 and 65



What's Included?

Airport pickup & transfer to Hua Hin

Welcome dinner

Xplore T-shirt

Visa support

Thai SIM card

Shared accommodation throughout

Round-trip transport for volunteering & return to Bangkok

Pre-departure courses: 60-hour Online TESOL & Thai Culture Course Lite

Volunteering certificate upon completion



What's Excluded?

Medical Insurance

Flights

Visas

Meals

Any sort of financial assistance

Day-to-day transport (outside of volunteering days)

Entertainment

Day-to-day living expenses



Accommodation

Stay in dorm-style lodging just a short walk from Hua Hin's scenic beach. Enjoy a vibrant social atmosphere, coastal charm, and lifelong memories in a relaxed seaside setting.



Internationally Accredited 60hr TEFL / TESOL Certification

This interactive, accredited TESOL / TEFL course provides a strong foundation in English as a Second Language (ESL) education in addition to preparing you to teach effectively in unique environments, such as volunteer teaching, assistant teaching, camp counselor, and even homestay and au-pair-based tutoring.

Shortcomings of Most TEFL / TESOL Courses

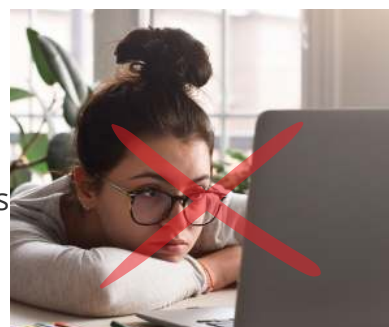
From our experience training and placing more than 6,000 ESL teachers in schools across the world, we've found that the vast majority of online TEFL / TESOL courses are of sub-standard quality, mainly because:

- They offer little interaction with an instructor and are often fully automated
- There is often no peer interaction with other students
- They don't provide a broad range of practical resources/downloads/lesson plans teachers can actually use during their teaching experience
- They often don't use modern online learning management platforms, relying instead on information email dumps to students

What students end up with is a piece of paper that has not prepared them to be effective teachers.

Schools realize this too and because of this trend, schools around the world are increasingly hesitant to accept poor-quality online TESOL / TEFL certificates.

We have a completely different approach that emphasizes setting teachers up for success in whatever environment they're going to teach in.





Course Components

Module 1

TESOL Theory, Methods and Lesson Planning

Understand the learning tendencies of ESL learners, and to know and understand the main TESOL teaching philosophies and strategies.

Explore some of the most popular and effective methods for teaching English, the strengths and weaknesses of those methods, and why they are effective in the classroom.

Examine student motivations for learning English, and specific strategies and challenges for teaching different age groups.

Explore the structure of a successful lesson plan, and examine the CultureRoute methodology—a successful lesson planning framework that uses a blend of leading teaching strategies to ensure successful lesson planning and learning outcomes.

Module 2

Teaching Speaking

Learn how to create a successful speaking lesson by exploring the benefits and challenges of developing the crucial language skill.

We will also look at specific strategies and activities to successfully teach Speaking.

Module 3

Classroom Management

Deep understanding of psychological and contextual factors and their impact on the classroom, along with strategies for proactive and reactive approaches to classroom management, and best practices to ensure classroom discipline and engagement.

Module 4

Teaching English in Non-traditional Settings (Core Module)

Explore non-traditional teaching settings and situations and learn how to tailor teaching strategies to your learners and environment so that you can teach in any situation. We train you in how to teach large groups inside and outside, low technology settings, small group teaching, one-on-one, English camps, tutoring and even in au pairing situations.



Cultural Orientation

- *Experience Thailand as more than just a tourist*
- *Gain a community of friends and peers*

Orientation (Online + In-Country)

Xplore provides comprehensive training during the first few days in Hua Hin to help volunteers prepare for their teaching experience. Volunteers will receive teaching materials but may choose to supplement them with locally purchased supplies. As part of the program, volunteers will engage in meaningful activities at the temple alongside Buddhist monks. These may include:

- Guided Meditation – Learn from monks about the importance of meditation and its role in Buddhism.
- Buddhist Traditions – Gain insights from experts on Buddhist history and teachings.
- Dharma Talks – Explore ways to manage stress, emotional challenges, and personal growth through Buddhist philosophy.

Additionally, volunteers can participate in a variety of optional activities while in Hua Hin. Xplore will assist in arranging these experiences at an additional cost, with pricing dependent on factors such as the season, availability, and group size.

To further enhance the experience, Xplore offers a comprehensive pre-arrival online cultural foundation course. This thoughtfully designed program helps participants familiarize themselves with the cultural nuances, customs, and traditions of Thailand before they arrive, ensuring a deeper understanding and smoother transition into their volunteer journey.



Online Cultural Foundation Course (Lite)

Thailand

Overview

The CultureRoute Thailand Cultural Foundation Course is an online, interactive, in-depth cultural and language orientation for anyone planning to study, work or live in Thailand. The course is internationally accredited and developed by experts in Thai history, culture, and language. Take the first step towards your amazing adventure to Thailand and be fully prepared to get the most out of your experience!

Course Modules

- ☒ Thai History
- ☒ Diversity & Inclusivity
- ☒ Thai Culture
- ☒ Thai Language
- ☒ Living in Thailand





Xplore

Program Pricing

2 Weeks	1375 USD
3 Weeks	1450 USD
4 Weeks	1525 USD
5 Weeks	1600 USD
6 Weeks	1,675 USD
7 Weeks	1,750 USD
8 Weeks	1,825 USD
9 Weeks	1,900 USD
10 Weeks	1,975 USD
11 Weeks	2,050 USD
12 Weeks	2,125 USD

Intake Dates for 2026-2028

2026	2028
November 9, 2026	January 10, 2028**
2027	April 3, 2028
January 11, 2027**	April 10, 2028
April 5, 2027	May 22, 2028
April 12, 2027	June 19, 2028
May 31, 2027	July 17, 2028
June 14, 2027	August 28, 2028*
June 21, 2027	November 20, 2028
August 30, 2027*	
November 8, 2027	
	*Maximum 4 Weeks
	**Maximum 8 Weeks



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